

# **HERD IMMUNITY:** PROTECTING OUR COMMUNITY

# 1. What Is Herd Immunity?

Herd immunity (also called community immunity) happens when most people in a **community are immune** to an infectious disease—usually through vaccination.

This makes it **much harder for the disease to spread**, helping to protect everyone, even those who aren't immune



## 2. Who Benefits Most?

- Newborns and very young babies who are too young for vaccines.
- People with weakened immune systems who can't get vaccinated.
- Individuals who don't respond well to vaccines.
- These groups rely on herd immunity for their protection

### 3. Why Your Child's Vaccination Matters To Everyone

- Vaccinating your child adds **another layer of defence** to the community.
- Many childhood vaccines (like MMR, pneumococcal) **stop the spread of disease** by preventing your child from carrying and transmitting germs
- When more children are vaccinated, outbreaks are far less likely, keeping vulnerable people safe



## 4. What You Can Do Today

- Check your child's vaccine schedule – are they up to date?
- Book any missing jabs through your GP or local NHS service.
- Share accurate info with friends and family – trusted sources save lives.

Your actions help protect your child and your community. ❤️



## Learn More From Trusted Sources

**NHS** – overview of herd  
immunity  
and childhood jabs

**GOV.UK** – official  
vaccination guidance and  
community protection info

